

**cyngor ar
bopeth**

**citizens
advice**

Help i wneud cais am Gredyd Cynhwysol

Gallwn helpu gyda chamau
cynnar hawlio Credyd Cynhwysol,
o'r cais i'ch taliad llawn cyntaf.

Get help applying for Universal Credit

We can help with the early stages
of a Universal Credit claim, from
the application through to the first
full payment.

Ffoniwch ni am ddim:

08000 241 220

Mae cynghorwyr ar gael o 8am tan 6pm,
Llun i Gwener

Chwiliwch am gymorth ar-lein neu'ch
gwasanaeth wyneb yn wyneb agosaf yn
citizensadvice.org.uk/helptoclaim

Call us for free:

0800 144 8 444

Advisers are available 8am to 6pm,
Monday to Friday.

Get support online or find your nearest face
to face service at: **[citizensadvice.org.uk/
helptoclaim](https://citizensadvice.org.uk/helptoclaim)**

Mae **Help i Hawlio** yn wasanaeth penodedig gan Gyngor ar
Bopeth. Mae'n rhad ac am ddim, yn annibynnol, yn gyfrinachol
ac yn ddiuedd.

Help to Claim is a dedicated service from Citizens Advice.
It's free, independent, confidential and impartial.